

St. Barnabas

Banner

St. Barnabas Episcopal Church • On the Village Green • Falmouth, Mass.

**March
2006**

When We Worship

**1st, 3rd and 4th
Sundays**

8 a.m.: Rite I
Holy Eucharist
9 a.m.: Rite III
Holy Eucharist
10 a.m.: Sunday
School; Adult Forum
(1st and 3rd); Clergy
Forum (4th)

11 a.m.: Rite II
Holy Eucharist
with Choir

2nd Sundays

8 a.m.: Rite I
Holy Eucharist
10 a.m.: Rite II
Contemporary
Eucharist
Brunch
No Church School

4th Sunday

8 p.m.: Sung
Compline

Wednesdays

10 a.m.
Holy Eucharist
in the Chapel

2nd Wednesday
includes Service
of Healing

Lenten opportunities

We always talk about giving things up for Lent. However, it has been found that more significant things happen in our faith journey with God when we take something on for Lent. Of course, to make time to take on something new, we often have to give up something else we would have been doing. Still, giving up sweets or alcohol or watching television or something else are really just ways of addressing lifestyles issues which we should be changing anyway. Here are some Lenten opportunities at Saint Barnabas this Lenten season which can help you deepen your relationship with God spiritually. Take something on this Lent.

On Ash Wednesday, March 1 (in the Chapel)

7 a.m.: Litany of Penitence, Imposition of Ashes and Holy Eucharist I
10 a.m.: Litany of Penitence, Imposition of Ashes, Holy Eucharist I with hymns
7 p.m.: Litany of Penitence, Imposition of Ashes, Holy Eucharist I with hymns

On Tuesday evenings during Lent:

6 p.m.: Adult Christian Formation to read and discuss *The Practice of Prayer* by Margaret Guenther.

On Wednesday mornings during Lent:

10 a.m.: Holy Eucharist I (Chapel)
10:50–11:50: Lenten Study: Forgiveness (Parish Hall)

Using the Prayer Book, the Bible, and other resources we will examine the process of forgiveness—both God's forgiveness of us and our forgiveness of others.

On Wednesday evenings during Lent:

6 p.m.: Holy Eucharist I (Chapel)
7–8:30 p.m.: Lenten Study: *Narnia* and Mark's Gospel (Parish House)
With C.S. Lewis' *The Lion, the Witch and the Wardrobe* in one hand and The Gospel according to Mark in the other, we will look at the Good News message which both contain. Let C.S. Lewis rekindle your childlike imagination and then let the Gospel come alive as never before.

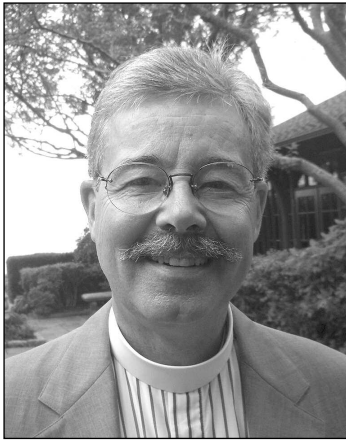


Saint Barnabas Episcopal Church

91 Main Street • P.O. Box 203 • Falmouth, MA 02541 • 508-548-3863

stbarnfal@aol.com • www.stbarnabasmfalmouth.org

Administrative Office Hours: M–F, 9 a.m.–noon and 1–4:30 p.m.



From the rector: The Rev. Robert Appleyard, Jr.

“The agony of defeat”

*The season of
Lent leads us
to accept that
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victory” and,
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of God.*

YES, I HAVE BEEN WATCHING THE OLYMPICS, too. I have not exactly been glued to the T.V. set. There is way too much to take in. But, I have had it on for a bit each night and have enjoyed watching my favorites: down hill slalom, speed skating, ski jumping and figure skating. I have also been surprisingly caught up with some of the newer, Xtreme events like snow boarding, the acrobatic jumping and the mogul skiing. The other night I watched the highlights of the ice dancing from the night before. It really was “low-lights” because what was shown over and over were the terrible spills the pairs skaters had taken. In what I think of as a low-impact event, there were some pretty awful falls. Aren’t we fascinated by “the agony of defeat?” Well, if it the other guy, we are.

With March 1, we move into the season of Lent and there is no getting around it - we are the ones who have fallen. The cameras may not have caught it on film and there may not have been millions watching, but we are the ones with our face flat on the ice. Our slips may have been minor, but we know that the score is going to be far from perfect. We have lost speed on the flats, hit too many of the gates, and our lost time has put us out of the running for a metal.

Lent is that season during which we acknowledge, to God and with each other, that we sinned “in thought, word, and deed, by what we have done, and what we have left undone” (BCP p.331). Lent is the season during which we admit that, were it not for God’s graciousness, “We are not worthy so much as to gather up the crumbs under thy Table” (BCP p.337). Lent is the season during which we confess that we need help. We are losers!

This attitude of the season of Lent is quite countercultural. It is very apparent that we as a country present ourselves as undefeatable and self-reliant. As a society, we are committed to “having it all now” and yet, ironically, to also investing in a secure tomorrow. Individually, we create households which are self-sufficient, providing all the comforts of success, and which are ever more isolated from and even against our neighbors. The season of Lent leads us to accept that we have been caught up these cultural attempts at “the thrill of victory” and, in light of the example of Jesus, realize that it is not of God.

I have noticed that many of the Olympic athletes, just before their event, take time to visualize the course which lies before them. They imagine the gates and the turns, or the flips and the spins, or the position they must maintain in the jump. It is different for each event. Still one thing is the same for every athlete – the Finish Line. So, it is also true of us this Lent. We each have our own race to run this Lent. However, there lies ahead, for all of us, the Triduum Sacrum.

In next month’s “From the Rector” I will help us to focus on the Triduum Sacrum—our finish line.

News and Notes:

Events and opportunities for service, fellowship

Notes from the Library

Anne Rice has finished her vampire opus and has now started a new series about the New Testament. Quite a switch! Her first book, *Christ the Lord*, has received good reviews and is interesting to read because of all the details about daily life in that time and place.

With the *Da Vinci Code* movie coming out, you may be interested in reading Richard Abanes' *The Truth Behind the Da Vinci Code*. And if you'd like to know more about how the Bible was written, read Charles Merrill Smith's *How The Bible Was Built*.

Two picture books have been added to the family section. One is the *Song Of Creation*, adapted from the *Book of Common Prayer* and illustrated by Paul Goble. The other is a very touching biography of *Anne Frank*, well-written by Josephine Poole and illustrated by Angela Barrett.

—Mary Heard

Episcopal Church Women

The ECW March luncheon will be held on Tuesday, March 28, in the Parish House at noon. Our speaker is Youth Group leader Kate Stebinger, who will acquaint us with her background, her call to the ministry, and her future plans. If you have not met Kate, the luncheon is a good place to meet and talk to her. ECW and ECM will be hosting the second Sunday brunch on March 12.

—Doris Weeks

Episcopal Church Men

The ECM will meet for breakfast at 8:30 a.m. on Saturday, March 25, at the Falmouth Inn, 824 Main Street, Falmouth. The speaker will be fellow parishioner Rocky Geyer, who will discuss our coastal waters and the problems of red tide. How will red tide affect our waters this summer? Hear this presentation and you will know. All are welcome to attend.

—Bill Platt

S An-ctus, * Sanctus, San-ctus Dó-mi-nus De-us Sá-
Compline
ba-oth. Ple-ni sunt cae-li et ter-ra gló-ri-a tu-
Contemplative Prayer for the Close of the Day
Sunday, March 26
8 o'clock in the evening
Saint Barnabas Church
Sung by the Saint Barnabas Schola
Randolph S. James, Director
ó-mi-ni. Ho-sán-na in excél-sis.

Vestry: Highlights of the February meeting (unapproved)

Most of this Vestry meeting was spent introducing the Vestry newcomers, Sue Davis, Faith Kolodziejski and Tom Zarle to the “Ways of the Vestry.” There were explanations of how and why the agenda was set up the way it was and what the individual components are. Each of the Vestry members (new and old) and guests, Harvey Williamson and Bill Smith, said something about who they were in the outside world as well as something about their involvement in St. Barnabas. There were sign-up sheets for meditations (we take turns), and a tutorial on how to read the budget. Bob also provided packets of resources for Vestry members who may have questions both now and in the future not answered here. Some members made observations about what makes Vestry meetings different from other meetings.

Bob explained that the meetings start with a meditation to help us shift gears from our busy daily lives to being members of the Vestry. We are mindful that the Vestry is a ministry that we share together and that takes some help from God. The meditation leader and the meditation help us with that goal. Bob led this month’s meditation by reading and commenting on a short story, “Rag Tag Army,” from a book by Martin Bell called *The Way of the Wolf*. Bob ended the meditation with a prayer.

We all know that God is at work in the world around us. In fact, if we can’t see God working among us, why are we here? Time is set aside during every Vestry meeting where members can share where in their daily life and experiences they have a truly vibrant sense of the presence of God.

For Kim, God was present and at work in the Memorial Service for Amber Bailey. For Joyce, He was instrumental in helping her find solutions for the care of a multiply disabled autistic child in Bourne. For Bob, God was working in the 8 a.m. worship service with the six hardy souls who ventured into a blizzard to come to church. God is working personally in Bob’s life because he and Debbie are expecting their first grandchild in June.

Don Johnson couldn’t make the meeting, so Bill Smith gave the **Treasurer’s Report**. Most of the accounts are in transition and will be for the next couple of months. St. Barnabas has transferred most of its investments to Merrill Lynch and the treasurer is working on how to summarize Merrill Lynch account activity each month to report to the Vestry. The Stewardship Campaign continues as St.

Barnabas awaits pledges from the 50 or so families who normally pledge and have not yet done so. We are still \$26,000 short of our goal. Lastly from the treasurer: The energy accounts are being closed watched. It is too early to make any assumptions about where we’ll be at the end of the year. The Treasurer’s Report was accepted.

The report from the **Property Committee** centered on the four major projects in urgent need of remediation: two in the church and two in the hall. In the church a major leak has developed in the belfry that is causing damage to the ceiling, walls and content of the current changing room area. The cause of the leak has been determined to be the roof inside the steeple under the bell. The cost of this repair is \$3,298 plus perhaps a small amount to replace the sub-floor if rot is found after the existing roof material is removed. Another chronic leak problem is in the chancel area. Gaps in the “cricket” (copper flashing) next to the chimney are the reason for the leak. This leak can be fixed for \$3,469. In the hall, the fire door exit at the rear of the hall has been in need of replacement for some time. This is a safety issue. A second major project in the hall involves the leaks around the large windows at the rear of the hall. The caulking (putty) around the windows has deteriorated and needs to be replaced. Bids were solicited and the least expensive and the least expensive and surest solutions were chosen. Both the hall problems can be fixed with funds from the Strawberry Festival. The church problems will be paid for from a line item in the budget.

The Vestry will be on a retreat March 17-19 and logistical details concerning that adventure were discussed. Bishop Gayle Harris will be visiting St. Barnabas for the first time on February 26. There will be only one service that Sunday, at 10 a.m., which will be followed by a reception in the hall for the whole parish. Vestry and staff will meet with her subsequently in the house.

The meeting adjourned at 8:50 p.m.

Full minutes of this meeting will be available on the Web site after approval at the March meeting.

—Dicky Allison, Clerk of the Vestry

Got news? E-mail The Banner!

banner@stbarnabasfalmouth.org

Copy deadline is the 15th of every month.

March Birthdays



1	Brenda Reardon	22	Krystal Lynds
1	Michael Duffany	23	Benjamin Appleyard
3	Marjorie Massey	24	Lois Pasley
3	Barbara Sylvia	24	David Kaye
3	Melissa Gonsalves	24	Jerry Ogden
3	Lauren Flynn	25	Peter Gototweski
4	Joseph Martyna	25	Amelia Weaver
4	Michael McNaught	26	Lisa Asendorf
4	Holly Gonsalves	26	Gregory Packard
4	Brian Savery	26	Maia Rogers
5	Robert Wilsterman	27	Arthur Henderson
6	Nancy Douglass	27	Natalie Nickerson
6	Dicky Allison	28	William Winalski
7	Page Franson	28	William Good
8	Esther Irish	29	Janet Nickerson
8	Richard Johnson	29	Jeanne Platt
9	Robert Shore	29	Karen Robbins
12	Tom Mundell	29	Adam Savery
13	William Borden	29	Dirk Borden
13	Stacey Zylinski	29	Sonya Gaudet
13	James Marr	30	Lucy Geyer
14	Marian Woodcock	30	Hilary Packard
15	Roxanne Reynolds	31	Barry Beale
15	Isabelle Camarra		
16	Patricia Henderson		
16	Henry Brunette		
16	Mary Tynell		
17	Marjorie Mann		
17	Donavan Charis		
18	Marilyn Young		
19	Rita Pottle		
20	Hayden Mundell		
20	Greta Wilsterman		
21	Jean Partridge		
21	Nancy Allen		
22	Ingrid Frank		

March Lectionary

March 1, Ash Wednesday:

Isaiah 58:1-12
 Psalm 103
 2 Corinthians 5:20b-6:10
 Matthew 6:1-6,16-21

March 5, First Sunday in Lent:

Genesis 9:8-17
 Psalm 25
 1 Peter 3:18-22
 Mark 1:9-13

March 12, Second Sunday in Lent:

Genesis 22:1-14
 Psalm 16
 Romans 8:31-39
 Mark 8:31-38

March 19, Third Sunday in Lent:

Exodus 20:1-17
 Psalm 19
 Romans 7:13-25
 John 2:13-22

March 25, The Annunciation:

Isaiah 7:10-14
 Psalm 40
 Hebrews 10:5-10
 Luke 1:26-3

March 26, Fourth Sunday in Lent:

2 Chronicles 36:14-23
 Psalm 122
 Ephesians 2:4-10
 John 6:4-15

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Calendar

Leadership Directory

Staff

Rector	Bob Appleyard	540-3634
Organist/Director of Music	Randolph James	540-7196
Administrative Assistant	Kathe Rabbitt	548-3863
Sextons	Edson DeMoura	778-5726
	Alex DeMoura	548-3863

Vestry

Sr. Warden	Paul Gentile	539-6962
Jr. Warden	Joyce Harrington	564-4833
Treasurer	Don Johnson	548-4031
Asst Treasurer	Doug Greetham	457-1333
Clerk	Dicky Allison	548-4971
	Dick Boyden	477-4014
	Sue Davis	477-2090
	Helen Gordon	563-2457
	Faith Kolodziejski	540-9943
	John Mason	564-6102
	Sandy Reichel	477-7440
	Kim Strohm	457-4637
	Derek Sutton	548-6659
	Tom Zarl	495-0234

Youth Reps Allison Deyo

Deanery

Marcia Donovan	548-5738
Mimi Frank	548-3996
Helen Gordon	563-2457
Andy Payne	540-8149
Megan Reichel (Cape youth rep)	
Ellie Shaver	548-2984

Ministries and Group Contacts

Buildings and Grounds (Vestry)

Memorial Garden	Debbie Gentile	539-6962
Property	Harvey Williamson	540-7818
Historians	Jeanne and Bill Platt	457-0023

Christian Formation

Committee	Joyce Harrington	564-4833
Adult Ed.	Joyce Harrington	564-4833
Church School	Kim Strohm	457-4637
Youth Group	Kate Stebinger (774)	392-1918
Librarian	Mary Heard	548-5462

Ministries and Group Contacts (cont.)

Fellowship (Bob Appleyard)

Coffee Hour	Ingrid Frank	548-5647
ECM	Bill Platt	457-0023
ECW	Doris Weeks	548-6671
Social	Stasia Palmer	548-4858

Finance (Vestry)

Finance	Bill Smith	540-3566
Stewardship	Brian/Susan Bint	540-9398

Inreach/Outreach (Vestry)

Banner	Jayne Iafrate	564-5339
Hospitality	Jane Hinckley	548-8928
Newcomers	Joan Stephenson	495-9970
Outreach	Annie Holden	495-1886
Overnights of Hospitality	Ellie Shaver	548-2984
Prayer Shawl Ministry	Debbie Gentile	539-6962
Sunshine Notes	Edie McKean	548-5958

Pastoral Care (Bob Appleyard)

Hospital visits/Home visits on request	Bob Appleyard	540-3634
Lay Eucharistic Visitors		
Prayer Chain	Susan Schmidt	563-9898

Strategic Planning (Vestry)

Committee	Paul Gentile	539-6962
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Worship (Bob Appleyard)

Acolytes	Page Franson	540-1389
Altar Flowers	Eileen Bergstrom	548-2953
Altar Guild	Pie Smith	540-3566
	Pat Cowan	540-7074
Lectors	Kathe Rabbitt	548-3863
Lay Eucharistic Ministers	Kathe Rabbitt	548-3863
Music/Choirs	Randolph James	548-3863
Ushers	Tina Gomes	540-9039

Remember These Special Event Dates

- March 8** **Prayer Shawl Ministry**
6:30 p.m., Parish House
- March 13** **Vestry Meeting**
7 p.m., Parish House
- March 14** **Prayer Chain**
5:15 p.m., Chapel
- March 26** **Compline**
8 p.m., Church
- March 30** **Property Committee**
5 p.m., Lower Parish Hall
- March 30** **Deanery Assembly**
6 p.m., Holy Spirit in Orleans



Saint Barnabas Episcopal Church
Post Office Box 203
Falmouth, Massachusetts 02541-0203

