



St. Barnabas

# Banner

St. Barnabas Episcopal Church • On the Village Green • Falmouth, Mass.

**September  
2007**

## Worship Schedule

### 1st, 3rd, 4th and 5th Sundays

8 a.m.: Rite I  
Holy Eucharist

9 a.m.: Family  
Service

10 a.m.: Education  
Hour for all ages

11 a.m.: Rite II  
Holy Eucharist  
with Choir

### 2nd Sunday

8 a.m.: Rite I  
Holy Eucharist

9 a.m.: Parish  
Brunch

10 a.m.: Education  
Hour for all ages

11 a.m.: Rite II  
Holy Eucharist  
with Choir

### 4th Sunday

8 p.m.: Sung  
Compline

### Wednesday

10 a.m.  
Holy Eucharist  
in the Chapel

2nd Wednesday  
includes Service  
of Healing

## *Fall brings changes*

### **New worship schedule**

Our Sunday morning schedule returns this fall with a few crucial changes. Our 8 and 11 a.m. services will be held every Sunday. Our 10 a.m. Education Hour will also be held every Sunday, providing exciting and continuous opportunities for our child and adult education projects. Finally our 9 a.m. worship will be on the first, third, fourth and (if there is a fifth) fifth Sundays of the month. On the second Sunday of the month, come at 9 a.m. for a parish breakfast. In September the Stewardship Committee will sponsor the parish breakfast.

### **Instructed Eucharist**

On Sep. 16, our first 9 a.m. service of the school year will be an instructed Eucharist. Come celebrate the fall and learn why we do what we do in our worship!

### **Monday nights at St. Barnabas**

As we begin our interim period here at Saint Barnabas and discern who we are and what our vision is as a parish, we want to try something new for committee meetings. When meetings are scattered throughout the week, we rarely hear what another ministry is doing or what help they need. Beginning in October, all our committee meetings will take place on Monday nights. There will be two meeting slots each Monday, from 5:30-6:30 and from 7:30-8:30. Between the meeting times, at 6:30, anyone who wants can attend an easy midweek potluck. You don't have to have a meeting that night in order to come, but if you do, it's a simple way to get dinner. Weekly meetings will include the middle school youth group at 7:30, and an adult education offering at 5:30. For info, contact Kate at the church office.

### **Baptism class**

We will offer a four-week pre-baptismal class for parents and adults interested in baptism for themselves or their children. This class provides a basic introduction to our baptismal theology as Episcopalians and members of a broader Christian family. Our first meeting will be Sept. 23 at 10 a.m., during Education Hour. The baptismal date for this class will be Nov. 4, the Sunday after All Saints Day.

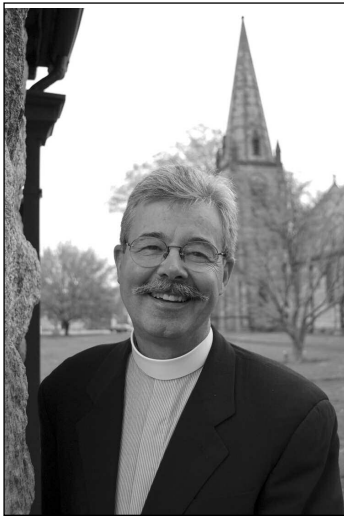


### **Saint Barnabas Episcopal Church**

91 Main Street • P.O. Box 203 • Falmouth, MA 02541 • 508-548-3863

stbarnfal@verizon.net • www.stbarnabasfalmouth.org

Administrative Office Hours: M-F, 9 a.m.–noon and 1–4:30 p.m.



**From the rector:** The Rev. Robert Appleyard, Jr.

## *‘Do not neglect to show hospitality to a stranger’*

*“IN THE EPISCOPAL CHURCH and especially here at Saint Barnabas, all are welcome to receive the sacrament. Regardless of your age or your faith tradition, all are welcome at this table. And, if you feel uncomfortable receiving the sacrament at this time, please still come forward and cross your arms so that we may know to extend to you a very inclusive blessing - that here, and especially now, we might all be one.”*

It has been my privilege and joy to say these words of welcome to guests and visitors and to remind our own members of the radical hospitality which we intend to demonstrate to those who sojourn among us. I say “radical” because we live in a world which is suspicious of strangers. We are wary of the unknown. We are taught to fear what is different. However, we as a community of faith choose to be different and to act singularly extreme in our hospitality. We welcome unconditionally. We extend what is most precious to us and share it without reservation. The “late-comer” is as fully incorporated as the “early bird.” There is always enough room at our table for an other.

During these past summer months, we have had many opportunities to welcome visitors and summer worshippers. I just love our announcement-time invitation for anyone to introduce him-or-herself, the names of family members and where they are from. There is a wonderful liveliness and excitement as people make themselves known. And there are always surprises: a couple who were married here eleven years ago and now have two little children with them, people sitting at different ends of the church who happen to be visiting from the same hometown, a non-Christian from another part of the world who just happened to be walking by, heard the music and felt drawn in. After the “always encouraged but never coerced” invitation, we all feel much more part of a whole as we come forward to receive the sacrament. And the animated conversations which follow our worship-time confirm that the hospitality is genuine and the welcome sincere.

As we move into the Fall Season, and begin our many activities once more, we may very well find people who have had a taste of our summer hospitality. Perhaps they came to feast at the Strawberry Festival or our Monday Lobster-on-the-Lawn, and are curious to see if they would be welcomed again. Perhaps they are looking for a place where their children can grow their faith. Perhaps they have heard about our music program or have attended the Compline Service. Perhaps have a desire to address their spirituality. Perhaps they are facing a crisis and are looking for help. Perhaps they are just lonely. Perhaps they are eager to make a positive difference in the world and are hoping to find others to work with. Perhaps they won’t even know what brought them to Saint Barnabas. It really does not matter. What matters is what they find when they join with us.

Will you join in our radical hospitality? Will you dare to introduce yourself and welcome someone you do not know? Will you slide down from your accustomed seat to make room for someone who does not yet have a seat? Will you offer your Prayer Book to someone who does not know what page to turn to? You never know who it is you will be welcoming, “... for by doing that, some have entertained angels without knowing it.” *Hebrews 13:2b*

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**From the curate:** The Rev. Katharine E. Stebinger

## *Bells ring in parish change*

“...NEVER SEND TO KNOW FOR WHOM THE BELL TOLLS; it tolls for thee...” John Donne wrote these words as part of a meditation in 1624. He was commenting on our mortality, and his words have been taken and quoted, used and misused, ever since.

I was sitting in my office this morning as Bob tolled the bell for our ten o'clock mid-week service. It is automatic for me to count the rings: one, two...ten, and to sit still and simply listen for them, stopping whatever I am doing. I love church bells. I love listening to them, and I love the chance to ring them. When I was little, my brother and I used to beg my mother to help us ring our church bell after service, and I see many children here at Saint Barnabas doing the same. If you weigh little enough, the pull of the clapper on the rope will lift you off the ground.

We toll the church bells now because it is traditional—our chapel doesn't even have a rope, but instead an electrically powered clapper linked to a doorbell button—but church bells used to serve a greater purpose. They rang out to announce community events. They called us to church services, told of births, marriages and deaths. Even today, we can instinctively hear the difference between joy bells and the solemn tolling of a funeral.

One of the chapels I served in on the Cheyenne River Episcopal Mission still used their bell to call the congregation to church. When the clergy got to Iron Lightening, ten minutes before service, we would ring the church's bell. No one would be in the congregation before the bell was rung, but afterwards, people would come from all over, out of their homes throughout the village and into the sanctuary for worship. The ringing of church bells gathered the people.

As the telephone rings in his home, Jeremy, a teenager in the cartoon *Zits* strides through the house to answer it. “Ask not for whom the bell tolls, it tolls for me,” he declaims. Silly, perhaps, but truthful. The telephone in a house with teenagers will ring for them more often. And the bells of Saint Barnabas, when they ring, ring for us. They gather us as a community, even if we don't listen for the bells as a literal call to come and worship. They help us celebrate Christmas and Easter, and our sending forth into the world after Sunday service. Church bells evoke something deep in us, a visceral echo of who we are. We are a Christian community who sticks together; the sound of our bells reminds us. In times past, the bells rung out changes—births and deaths, marriages, storm warnings—but they also called the church community together. Our bells at Saint Barnabas are ringing of change—our rector is retiring. Far from simply broadcasting the news, they gather us as a community. They toll for us, drawing our attention to needful change. We are beginning a new part of our journey as a parish. We are called to answer a vital question. Who are we? Who will we be?



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Our bells at  
Saint Barnabas  
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tor is retiring.  
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## Saint Barnabas Christian Education Family Registration Form 2007/2008

Parent/Guardian 1: \_\_\_\_\_

Parent/Guardian 2 (optional): \_\_\_\_\_

Email: \_\_\_\_\_

Email: \_\_\_\_\_

This email address is:  Home  Work

This email address is:  Home  Work

Home Phone: \_\_\_\_\_  Preferred

Home Phone: \_\_\_\_\_  Preferred

Work Phone: \_\_\_\_\_  Preferred

Work Phone: \_\_\_\_\_  Preferred

Cell Phone: \_\_\_\_\_  Preferred

Cell Phone: \_\_\_\_\_  Preferred

May we list your cell phone in our directory?  Yes  No

May we list your cell phone in our directory?  Yes  No

Street/Apt: \_\_\_\_\_

Street/Apt: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

**Child Name:** \_\_\_\_\_

**Child Name:** \_\_\_\_\_

**Child Name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Baptized?**  Yes  No

**Baptized?**  Yes  No

**Baptized?**  Yes  No

**School:** \_\_\_\_\_

**School:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Allergies/Medical:** \_\_\_\_\_

**Allergies/Medical:** \_\_\_\_\_

**Allergies/Medical:** \_\_\_\_\_

**Photo Release:** By checking this, I give Saint Barnabas permission to use un-named photos of my child(ren) on our website and/or in our publications. Thank you for helping us show off our vibrant community!

**Child Name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**Baptized?**  Yes  No

**School:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Allergies/Medical:** \_\_\_\_\_

**Materials Fee:** We ask that each family pay a materials fee of \$20 for the 2007-2008 program year to help us defray the cost of supplies. This fee is not meant to stand in the way of participation in the program. If you would like to sponsor a family or wish to inquire about a scholarship, please contact Kate Stebinger at our church office. Checks should be made out to Saint Barnabas and can be mailed or dropped off at the office. Thank you!

### Survey Questions

Which service does your family usually attend?

8:00 a.m.  9:00 a.m.  11:00 a.m.

Do you need nursery care?  Yes  No

Are you interested in:

Bringing church school snacks?

Ushering?

Baking communion bread?

Helping provide nursery care?

Special interests or hobbies: \_\_\_\_\_

Vocational/professional areas of expertise: \_\_\_\_\_

### Please check off any activities below that your family may be interested in:

Walk to End Homelessness

Blessing of the Animals

Advent Wreath Making

Christmas Fair

Greening of the Church

Shrove Tuesday/Mardi Gras

Lenten Ingathering

Kids Walk to the Cross (Easter week workshop)

Saint Barnabas Day Celebration

Strawberry Festival

Please print this file (if you received it by email), fill it out and return your completed form to Kate Stebinger at the Saint Barnabas church office. Alternately, you may fill it out on the computer and email the form as an attachment to [kate@stbarnabasfalmouth.org](mailto:kate@stbarnabasfalmouth.org). Thank you!

St. Barnabas Episcopal Church \* P.O. Box 203 \* 91 Main St. \* Falmouth, MA 02541 \* (508) 548-3863

## Education Hour for all ages:

# *Season begins with Spaghetti and Karaoke, Sept. 8*

The autumn is here, and with it our 10 a.m. Education Hour for children and adults returns! As we did last year, we will work with *Seasons of the Spirit*, which explores the Sunday scripture through storytelling, discussion, arts, music and outreach. More information, as well as weekly resources for families, may be found at [www.spiritseasons.com](http://www.spiritseasons.com).

A registration forms for families is on page 4 of this *Banner* or may be found online at our parish Web site, [www.stbarnabasfalmouth.org](http://www.stbarnabasfalmouth.org), under "Education." Our education hour features classes for 3-5-year-olds and 6-9-year-olds (up to entering fourth grade) in the Lower Hall with a team of teachers and helpers, as well as time for high school and adult in the Parish House, led by the rector. Fifth through eighth graders are welcomed and encouraged to help with the younger classes, sharing their knowledge and enthusiasm.

Our 5th-8th-grade youth group has their own meeting time on Monday evenings from 6:30-8:30 p.m., beginning on Sept. 17. We'll be joined by youth from Church of the Messiah in Woods Hole, and hopefully long distance by web-cam with youth from Grace Episcopal Church in Vineyard Haven. Our program this year is exciting! We're starting with an overnight at the Heifer International Overlook Farm in Rutland,

Mass., Oct. 5-6. The global village overnight provides a unique opportunity to explore 24 hours in a third-world village. That experience will launch us into a year of learning about the Millennium Development Goals, and how we can help end global poverty. In July, we will make a friendship trip to South Dakota, to spend a week at the diocesan church camp with kids from all over the state, including from reservation communities where poverty is severe. The money we raise for our trip will help support the scholarship fund so other kids can go to camp, and we'll give part of what we raise to Heifer International.

Our 9th-12th-grade youth group will meet on Sundays as we did last year. They will determine their own program of service learning and mission trip. Adult chaperones and helpers are needed for all ages and trips! Please speak with Kate Stebinger if interested. Even volunteering for a few Sundays or one trip can help. We especially need help with the middle school Millennium Development Goals program.

Our fall kick-off celebration will be Spaghetti and Karaoke, which begins at 5:30 p.m. on Sept. 8. Come eat spaghetti, sing karaoke, and enjoy others' performances! Bring your entire family and friends, and hand in your Education Hour registration forms in person!

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## News and Notes:

# *Opportunities for service, fellowship, fun*

### **Habitat for Humanity seeks vols**

Habitat for Humanity Cape Cod is building homes for five families (two duplexes and a single family home) in Falmouth over the next year, and we have the opportunity to help in a number of ways. We can volunteer our time to the build, make donations to support the projects or volunteer as support staff. We'll start by offering our space. Come to our own Parish Hall for an organizational meeting on Sept. 11 at 7:30 p.m. We will put together a volunteer team for the building. Please contact Kate Stebinger at the church office if you are interested in helping with this exciting outreach ministry!

### **Knob clean-up Sept. 22**

Last year, we removed about 100 pounds of trash from our adopted shoreline, the Knob at Quissett Harbor. Our next clean up date with the Knob is Sept. 22 at 3 p.m. Join us as we make the beach beautiful again! Meet in the parking lot closest to the Knob, and wear long sleeves and long pants as the poison ivy can be vicious. We'll supply trash bags, gloves and recording charts for the trash collected.

### **Episcopal Church Men**

Episcopal Church Men's fall breakfast meetings will start on Saturday, Oct. 27 at 8:30 a.m. in the Falmouth Inn, 824 Main Street. If you would like to be added to our list, call Bill Platt at (508) 457-0023.

# Energy audit news

Did you know that you can get a free energy audit? It is a fairly simple procedure. First I called my electric energy provider. The electric bill has both a phone number to call and the account number that will be needed. Within 24 hours, an appointment was set with a representative of Rise Engineering of Cranston, R.I. The audit took two hours.

What did I learn? I found that I was already engaged in some energy saving measures, such as turning off lights when not used and unplugging the coffee pot. They gave me suggestions about my insulation and because I had the audit, I was eligible for some savings. For eligible measures, the Cape Cod Compact offers 50 percent incentive, not to exceed \$1,500 per calendar year. The word “eligible” is important as not all the work I needed was eligible, but there was sufficient work that I could take ad-

vantage of this rebate.

When buying appliances or installing new windows, look for the Energy Star label. I was given a refrigerator replacement incentive (good for two months) towards a new Energy Star refrigerator as mine showed excessive energy use.

Two pages of possible improvements were suggested. Each item included four financial items: installed cost, do-it-yourself cost, savings per year, and payback time. Also, by adding and repairing insulation, I will be warmer come winter for the same or less amount of energy.

I received several energy-saving light bulbs for the lights most frequently used, as well as reading material with energy-saving ideas. In the future, the church’s Environmental Action Committee will share more tips with parishioners. —*Katbleen Murray*

## A Note of Thanks

I would like to extend a very special thank you to all of you who kept me in your prayers and showed me such kindness after my recent shoulder surgery. Your support was overwhelming and with all the cards I received, it felt like Christmas. I am thankful for all of you and feel blessed to be working at Saint Barnabas because of all of you. I returned to work on July 23 and am happy to be back. Love, Kathe Rabbitt

## September Birthdays

- |                      |                          |                        |
|----------------------|--------------------------|------------------------|
| 1 Fox, Alexa         | 14 Campbell, David       | 21 Douglass, Gerald    |
| 1 Reichel, Sandy     | 14 Eisen, Victoria       | 22 Rogers, Fay         |
| 2 Montgomery, Ginny  | 14 Campbell, Katherine   | 22 Wessling, Kathy     |
| 2 Payne, Andrew      | 14 Kelleher, Daniel      | 22 Edgar, Jack         |
| 2 McNamara, Mariko   | 14 Castleberry, Sklyer   | 23 Muma, Virginia      |
| 3 Quidley, Ella      | 15 Paine, Richard        | 24 Cartwright, Leonard |
| 4 Bryant, Sarah      | 15 Moor, Priscilla       | 25 Heard, Mary         |
| 6 Coale, Doris       | 15 Howard, Sally         | 26 Dallmann, Barbara   |
| 6 Ferreira, Alison   | 15 Reynolds, Jasmine     | 26 Jenney, Connie      |
| 7 Lebherz, Katie     | 16 Ewing, Mary           | 26 McNamara, J. Scott  |
| 9 Young, Lucy        | 16 Johnson, Nancy        | 26 Landry, Collin      |
| 11 Wessling, Phil    | 17 Burke, Patricia       | 27 Davis, Suzanne      |
| 11 Gototweski, Kelly | 17 Bryant, Aaron         | 27 Erickson, Scott     |
| 12 Murray, James     | 18 Paltz, Simone         | 28 Kendall, Lois       |
| 12 Ogden, Cynthia    | 18 Bohnenberger, William | 28 Mahoney, Erin       |
| 12 Hocking, James    | 19 Bothner, Katharine    | 30 Ganter, Gordon      |
| 12 Bento, Hannah     | 19 Estes, Buddy          | 30 Kelleher, Richard   |
| 14 Arthur, Garfield  | 21 Bint, Brian           |                        |

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**Calendar**

# Deep Peace Blessing

(Gaelic)

The deep peace of the running wave, to you.  
The deep peace of the flowing air, to you.  
The deep peace of the quiet earth, to you.  
The deep peace of the shining stars, to you.  
Moon and stars pour their healing light upon you.  
The deep peace of Jesus Christ, the Light of the world, to you.

And the blessing of our All-loving God,  
The Creator, the Redeemer, and the Sanctifier,  
Be upon you this day and all your days to come. Amen.



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