



St. Barnabas Episcopal Church

# The Banner

An Episcopal parish in the Cape & Islands Deanery of the Diocese of Massachusetts

September/October  
2010

## Weekly Worship

### Sunday

8 a.m.: Rite I  
Holy Eucharist  
10 a.m.: Rite II  
Holy Eucharist

### 4th Sunday

8 p.m.: Sung Compline

### M-Tu-Th-F

8 a.m.  
Morning Prayer

### Wednesday

10 a.m.  
Holy Eucharist  
in the Chapel

Third Wednesday  
includes Service  
of Healing



## St. Barnabas Episcopal Church

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Falmouth, MA 02541  
508-548-3863  
www.stbarnabas-  
falmouth.org

## *Learning about our endowment*

When I think of our endowment and beautiful campus, I am reminded of the family treasures brought to the popular TV program, Antiques Roadshow. I enjoy watching Antiques Roadshow; I like listening to the family stories associated with the items brought in for appraisal. You may recall seeing a man explain how his large grandfather clock had been in his grandparents' home, then was passed down to his mother, and he had inherited it from her.

He tells the appraiser how he remembers helping his grandfather wind the clock each week before they sat down to large family Sunday dinners with the family silver and best china. His mother, who loved the clock as well, kept the clock in her dining room, and now he has it in his dining room.

The appraiser tells the owner interesting facts about the clock's origins, and then shocks the owner with a large value appraisal. The man says, with disbelief, he had no idea of its worth, but that he isn't interested in selling the clock. Instead, now he knows more about it, he says he will take even better care of the clock to make sure he can pass it down to his children.

This clock, chosen long ago for its beauty and worth, keeps time and watches over a new generation. It has become an important reminder of a dear relative's thoughtful consideration. Like this heirloom, St Barnabas is a beloved part of our lives. We cherish the beauty of its buildings and grounds, and we are proud of its programs and services.

Those who came before us saw the value of maintaining a place where people can gather to worship God and be a community. Through their generosity and foresight in setting up an endowment, they made sure this place could be passed

*(See Endowment, Page 8)*

### Bishop Gayle Harris to visit St. Barnabas

On Sept. 24, St. Barnabas will celebrate a dinner with guest speaker Bishop Gayle Harris at 6 p.m. in the Parish Hall. Let us begin the church year celebrating our community as we begin wondering "what if ..." and the possibilities the future holds.



RSVP by calling 508-548-3863 or emailing office@stbarnabasfalmouth.org.

**From the rector:** The Rev. Patricia Barrett

## *Sooner rather than later*

What if we had all the time in the world to do all we hope to do with our lives? What would it be like then? Would we live differently do you think? I have been struck lately with the notion of time and how important it is in our daily lives. We don't have all that much time really. As a priest, I am made aware of that fact all too often. I see it in the sudden ways things change—how life can take on a whole different meaning after a visit to the doctor or when the unforeseen happens.

I think it is often the same with a church; we move along as if everything is fine and we have all the time to fix things—to do what we hope to do. But maybe that is not the case. Maybe we need to act and not put off things for some “future date” when the stars line up and all is right with the world. I think we need to act on some things sooner than later.

What should we think of doing sooner than later? There's lots but one thing I think is right up there on the list is the need to have a accessible restroom in the church. We are not welcoming to some of our elderly as we are set up now. Some of our own members are unable to attend Sunday worship because of this one fact. Can we change it? Yes. Can we make it happen? Yes. Can we afford it? Yes.

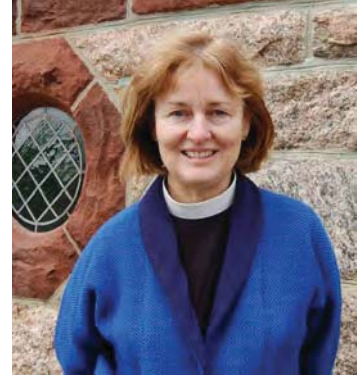
That is just one example of so many items. It's not to say we aren't working hard because we are doing a lot now, too. The ECW has been hard at work (as always!) and this summer spent time and money (that they raised) in fixing the window treatments in the Parish Hall. It makes a world of difference! I took part in a yoga class the other day and wondered why the room looked so good and then realized it was the windows. What an amazing group of leaders we have here; sometimes hidden in our midst. And just walk around and you can see what the Property Committee has accomplished, not to mention the many gardeners who help out all summer long.

This is your church, and you do such an amazing job with it. What I love most about the summer is seeing—because of the work of the leaders and people of St. Barnabas—the great numbers of visitors we have on our beautiful campus on any given day. If you add it up it is astounding: 30 at yoga 5 mornings a week equals 150; lobster rolls sold Monday night equals 500. Take just those 2 numbers multiplied by eight weeks of summer and you get 5,200 people on our campus! And then add the over 800 who were here for the festivities following the Falmouth Walk and we have 6,000 people who were able to be here.

What a gift to the community! What a wonderful presence—a peaceful, Spirit-filled place to be. We are blessed. Yes, there is more to do, but we are listening to God and discerning the way ahead. And, in the meantime, we are living in the present moment with Christ by our side, knowing our precious each moment is and appreciating what we have as we give back to God with generous, thankful hearts.

I hope to see each of you at our celebratory dinner on Sept. 24 with Bishop Harris.

—*Yours in Christ, Patti*



### *From Bob and Debby Appleyard*

We have been tardy in sharing what is very significant and wonderful news to us! Our son, Ben, and his wife, Debbie, gave birth to their fourth child, Caroline Anne Appleyard, on April 9. That makes two boys and two girls—a well-rounded family. We were with them (our hands full with the other grandchildren) for the birth in Rhode Island. Since then, Carrie Anne has been baptized by her grandfather and they have all moved to Charlotte, N.C., where Debbie will complete her fellowship year as an orthopedic surgeon. We are feeling too far away from our grandchildren and their parents, but are happy they are all healthy and thriving.

**From the curate:** The Rev. Matthew Potts

## *The art of the possible*



Fall is my favorite time of year, hands down. There are all sorts of reasons for my autumn affinity. I think it's the prettiest season of the year, first of all. For a boy from the midwest, nothing beats a drive through the rolling hills of northern Michigan as tiring leaves flame with a final flourish before dying, as the Great Lakes restfully roll along the horizon, as an autumn sun half-hides behind clouds and hangs lazy in the sky. I'm prepared to admit that beautiful Cape Cod might rival my beloved Michigan for autumn beauty, and we are looking very much forward to our first full fall on the Cape.

But it's not just the beauty of the season that I love so much. There's something that swells of possibility in autumn, isn't there? Maybe it's because I've spent 25 of my 33 years in school, but I love the feeling of new beginnings that always accompanies the start of the school year. Or perhaps it's not school but sports that sparks all my autumn hopes. In September and October each year, the baseball pennant races are picking up and, if I'm lucky, my Detroit Tigers are within shouting distance of a chance at playoff games. If not, well, hockey picks up as baseball ends, and my Detroit Red Wings are always competitive. And what could be more important than baseball or hockey? College football, of course, and this time of year my dear, dilapidated Fighting Irish are always taking the field once again, promising (as they do every year) the return to glory all of us Domers daily pray for. Possibilities, possibilities, fall is full of them.

I believe that the Christian life of prayer and practice is one of constant attention to possibility. If you pay attention to some of the other articles in this edition of the *Banner*, I think you'll notice that St. Barnabas is adopting a theme for the next 12 months, intended to coincide with our stewardship campaign (though not limited to it) and full of its own sense of possibility: "What if church were more than Sunday morning?" Patti and I love this community and continue to marvel at all the gifts and blessings we enjoy here at St. Barnabas. But a gift is only a gift if you give it, right? Once a gift stops being given, once it gets crammed in an attic or lost in a basement, it ends up being just some stuff taking up space, waiting for a yard sale. So we want to start thinking more creatively and courageously about the gifts we have been given here. We want to start planning how better to share our blessings with Falmouth and the world. In other words, we want to move our prayers and reflections and meditations and visions towards all the wonderful possibilities we enjoy.

So our common question the next 12 months will be, "What if church were more than Sunday morning?" Or, more succinctly, simply "What if?" We think every ministry of this church can and should ask some version of this question. The stewardship team might ask, "What if we didn't have to use our endowment to cover a deficit?" Our new Outreach Committee might ask, "What if Jesus lived among us, and needed our help?" Property might ask, "What if our campus were a spiritual center for Cape Cod?" Youth group will ask, "What if being a Christian meant serving others?" These may not be your questions, of course—the ministers and members who populate these committees and groups should come up with some of their own. The point is not to pin down an answer; rather we want to start asking serious questions about how we can use all these glorious gifts God has given us better to glorify God.

What if church could feed the hungry? What if church could comfort the lonely? What if church could house the homeless or clean the oil spill or stop a war? These might seem overly ambitious questions to ask, but the fact is, churches have done all these things in the past (and usually better than anybody else), and now God is waiting for the next big thing from us. With God, all things are possible. I don't know what our "what if" will look like, but I'm excited by the possibilities. What if church were more than Sunday morning? I think the answers we start to offer in response to this question might just transform our church, and who knows, our church might even end up changing the world. It might seem like a long-shot, but what if all things were possible, with God?

—Yours in Christ, Matt

## *Adult Christian Formation classes begin Sept. 12*

You've read elsewhere in this *Banner* about St. Barnabas' adopted them for the next 12 months: "What if church were more than Sunday morning?" Well, our Adult Christian Formation program is following suit and asking the same question. This fall at St. Barnabas we look forward to implementing a new and exciting Adult Christian Formation program which will involve multiple opportunities for study, prayer, and fellowship each week. The core of our adult education program will take place between services on Sundays at 9:10 a.m. (so both 8 and 10 o'clockers can attend), every Sunday except the first Sunday of the month, and beginning September 12.

Our initial forum will stretch over three months and eight sessions and will be entitled, "What if God so loved the world?" Christian theology is basically a reflection upon this question. It wonders,

what would it mean if this one thing were true: that God so loved the world that God gave his only Son? From September through November, Frederica Harris Thompsett, Patti, and Matt will lead conversations on all the major tenets of Christian doctrine: creation, salvation, faith, judgment, etc. In Advent, Frederica will lead a shorter, three week series on the saints, entitled "What if holy women and men walked among us?" Spring forums are still in development, but among other things we'll introduce a Lenten series on theology and race called, "What if there were neither Jew nor Greek?" These promise to be compelling and creative conversations, so please come!

In addition to our Sunday morning series, we will have two other weekly opportunities for formation, beginning the week of September 12. On Wednesday mornings, after the 10 a.m. eucharist in the chapel, we will study the weekly lectionary. Lastly, on Wednesday evenings, we will host a Christian reading group and gather in the Parish House to discuss interesting books on religious topics. Please join us for all these exciting formational opportunities.

## *Church to tally volunteer efforts*

As we all know, many hands are involved in every aspect of our parish life. Think of all the organizations that are part of St. Barnabas: ECW, ECM, Overnights of Hospitality, Altar Guild, Eucharistic Ministers, Lectors, Lobster on the Lawn, Acolytes, Choir, Welcome Committee, Communications, Ushers, Sunday School teachers, Youth Group, Property, Finance, among others. All of these groups come to life thanks to the hard work of its individual members.

One of the ways we contribute to the life of St. Barnabas is through our volunteer activities. We would like to begin to tally the hours spent by all the men, women, and children who volunteer their time to make our church what it is. Just as the VIPS program (Volunteers in Public Schools) asks all school volunteers to record their hours for the Falmouth schools, we are asking our volunteers to record theirs.

The recording process is quite simple. There will be forms available on Sundays in the church, where you can fill them in before the service starts and then put them in the collection plate. They will be available in the parish office to fill in when you stop by during office hours, and there will be a stack available in the hallway brochure center. There will also be an electronic form online at our parish Web site that will allow you to record your hours at any time. These forms ask your name, the date, what job you were doing, and how long you spent performing the task.

We will start recording our time in September. Why are we doing this? We all know that St. Barnabas would not be the church it is without untold hours of volunteer labor. We would like to quantify those hours so that we can provide more complete information as we continue the discussion of "What if?" and plan future activities.

### **What if God so loved the world?**

Thinking theologically about Christian questions.

*God so loved the world that he gave his only son that all who believe in him might not perish but have eternal life.*

John 3:16

**Sept. 12:** What if? Asking God and one another questions.

**Sept. 19:** God: What if God existed?

**Sept. 26:** So loved the world: What if the world were a creation?

**Oct. 10:** That he gave: What if life were a gift?

**Oct. 17:** His only son: What if Jesus were the son of God?

**Oct. 24:** That all who believe in him: What if we had faith?

**Oct. 31:** Might not perish: What if we will be judged?

**Nov. 14:** But have eternal life: What if we will be saved?

Come One!



Come All!

St. Barnabas

# Sundae Sunday



September 19, 2010

11:15

(after the 10 am Service)

**Stewardship**

**Ushers**

**Altar Guild**



# Ministries Fair

**MUSIC**

**Prayer Chain**

**Outreach**

**LEMs**

**Property**

**Acolytes**



**ECM**

**ECW**

**Welcoming**

**Environment**

**Flowers**

**Overnights of Hospitality**

## *Youth Group to undertake mission trip*

Here's a theological word you might not know but which youth group will be adding to your vocabulary this year: *catechumenate*. It's from the Greek word for "instruction" and it refers to the period of preparation, prayer, and formation that new Christians undertake before being baptized. In the ancient church, it often involved several years of fasting and study, which is why baptism was celebrated as such a big feast. Being baptized was sort of like graduating, it was a sign of accomplishment and formation into the community of Christ.

This academic year, youth group will be pursuing something like a catechumenate. Our teens have already taken their baptismal vows, of course, so strictly speaking it can't be called catechumens. But this year the youth group is going to be doing lots of praying and thinking and serving and playing, and all in preparation for a big, capstone event next summer: a mission trip to the Oglala Sioux nation at Pine Ridge Reservation in South Dakota.

Why South Dakota? The Oglala Sioux nation at Pine Ridge is one of the poorest places in the Western Hemisphere, even though it lies with our own borders. Half of the people there live below the poverty line and eight out of ten are unemployed. Adolescent suicide is four times the national average and infant mor-

tality is five times. Oglala Sioux have the shortest life expectancy in the Western hemisphere, about fifty years. They have a culture and language and life almost no other Americans are even aware of, and yet they are our fellow citizens. Also, the Oglala Sioux nation has been a traditional site of mission for the Episcopal church, so there's a long history of Anglicanism at Pine Ridge and several Episcopal churches remain throughout the reservation, enriched by the deeply held faith of the Oglala people.

If we really believe that Christ lives among those we serve, among the least of us, then a mission trip of service like this is a huge privilege, and the youth group is going to approach this trip as such. We are going to spend a lot of time thinking about what it means to serve Christ in others, about what our service means, and about what scripture tells us service should be. We're going to do some local service, too, in preparation for our big trip. But it won't all be so serious – we're going to have a lot of fun, also, with plenty of social outings and fellowship in the meantime. So, please pray for the youth group as we embark upon this year long period of formation and preparation, this catechumenate for mission, as the teens of St. Barnabas get ready to go forth meet Jesus in among the Oglala people of Pine Ridge Reservation in South Dakota.

### *Church Women United events planned*

For further information and to register for CWU Cape-wide events, contact Beverly Hammel, registrar, 508-833-8942, mmachh@verizon.net. Most events which include a meal are \$10.

**Friday, September 17:** Annual Assembly, "Making Connections" workshops, worship and luncheon, 9 a.m. to 3 p.m., Pilgrim Congregational Church, Harwich.

**Friday, November 5:** World Community Day, "Building the Beloved Community," Corpus Christi Parish Center, Sandwich.

**Friday, February 4:** Human Rights Celebration, Our Lady of Victory Parish, Centerville.

**Friday, March 4:** World Day of Prayer, "How Many Loaves Have You" (Chile), host parish for Falmouth-Mashpee TBD; Contact Alice Batchelor,

**March 25-27:** Young Church Women United Retreat at Craigville Conference Center. Area pastors and youth leaders make referrals, and parish women's groups often sponsor an attendee.

**May:** Friendship Day, Date, time, and place TBD.

## *ECW: What is it? What do they do?*

A simple answer to these questions would be: ECW is the “Women’s Group” of St. Barnabas Church and they meet monthly (except in the summer) for lunch and a program of interest. That’s the most obvious explanation of the group.

A more complete answer is spelled out in the Articles of Organization as follows: The purpose of ECW is (1) to enhance the spiritual life of women and to provide opportunities of worship, study, service and fellowship in the parish community; (2) to serve as a resource for education and a network of information about the concerns of St. Barnabas Memorial Church and God’s world; (3) to help identify and develop gifts and skills in ministry and leadership; (4) to be able to help support the needs of others through fund raising activities; and (5) to be supportive of the St. Barnabas Memorial Church parish and clergy.

That sounds like a very serious purpose but be assured that it is accomplished with a lot of fun, fellowship and caring for each other. We have one fundraiser, the Christmas Fair, and this provides the funds for our programs, outreach in the name of the church and capital improvement projects that may not otherwise get done. Some of our programs include: scholarships to graduating high school students, dinners/receptions at the request of the rector or Vestry, funeral receptions at the request of the family, and sunshine cards to parishioners every month. Some of the capital improvement projects that ECW has funded in the past few years include refurbishing the Parish House (new carpet and drapes, reupholstered furniture, new flooring in kitchen and bathroom, and professionally painted walls and woodwork), purchased and installed a new bench next to the parking lot, purchased 24 card tables, refurbished the Conference Room after the church office was moved downstairs (paint, carpet, drapes and new furniture), built a closet for the church archives, purchased furniture and carpet

for the Parish Hall landing.

This summer ECW funded new window treatments for the Parish Hall (including new drapery rods for all the windows; sunscreens, valance and drapery panels for the large window facing the pond.) In addition, ECW members (with help from ECM) took down the ten pairs of draperies, cleaned and re-installed them to give the Parish Hall a fresher look. For the past few years we have sponsored a family’s Christmas holiday by purchasing clothing and gifts for several children through the Salvation Army’s Dress a Live Doll Program. The gifts are wrapped during our November meeting and then delivered to the Salvation Army. We also support the Falmouth Service Center by collecting nonperishable food items at each of our meetings. In these and other ways we are doing God’s work.

If you are a baptized woman age 18 or older and attend St. Barnabas Church, you are already a member of ECW. If our projects and programs sound like something you’d like to get involved with, please join us at our luncheon meetings or talk to any one of the board members: Ginny Barnes, Nancy Douglass, Jean Engel, Ingrid Frank, Cyndy Ogden, Stasia Palmer, Jeanne Platt, Nancy Sherwood or Doris Weeks.

### **ECW luncheon meetings**

Sept. 28, noon, Parish House: Speaker on Cape Cod birds and a visit from the Engel’s parrots. Reservations requested; call Jeanne Platt

Oct. 26, noon, Parish Hall (note change of venue): Workshop led by Rev. Patti to make hand-painted scarves. No artistic talent needed. Reservations are required for materials needed; call Jeanne Platt or Nancy Sherwood

More information on both of these meetings will be posted in the weekly *Banner* update online and in the Sunday bulletins. Please join us!

—Nancy Sherwood

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### **ECM: Episcopal Church Men**

The Episcopal Church Men will meet for breakfast on Saturday, Sept. 25 at 8:30 a.m. at the Holiday Inn, 291 Jones Road. Our own Bob Peterson will discuss, “Where Has American Industry Gone?” On Oct. 30, Richard Williams will talk about “Rising Sea Levels.” All are welcome.

—Bill Platt

## *Treasurer's Report: Audit time*

Our 2009 audit has been finalized and approved by the Vestry as part of the Treasurer's Report at our August Vestry meeting. It was submitted to the Diocese before the September deadline. Other items approved in the Treasurer's Report included a revision to the investment policy which better prepares us for potential changes in the economy.

2008 was not kind to anyone's endowment funds, and St Barnabas was no exception. Our managers have shepherded our funds through 2009 and the first half of 2010 with the goal of regaining the position we were in before the economic collapse in late 2008. We have regained some value, but our balances are still below what they were before the downturn.

One item that was shared with the Vestry was the state of our budget deficit for 2010. Our expenses each month continue to be greater than the contributions we receive. Part of this is our generosity: we give away the entirety of our Easter offering for out-

reach projects, and the third Sunday's loose plate is designated for the Rector's discretionary fund. Another part of the equation is that maintenance of our beautiful campus doesn't come cheap. August was an expensive month for us: we had the unexpected expense of removing the elm tree at the front corner of the property on top of all our usual bills.

We are blessed with two sextons who devote much care to our buildings and grounds. We are also blessed with willing volunteers to help around the campus. Being Treasurer means I am in and out of the parking lot and buildings numerous times each week. It is a rare time that I don't see someone doing something—weeding, doing fix-it projects, you name it—to help with upkeep of our property. Did you know you could join the fun? Please call Bill Smith or Dick Boyden if you would like to help with projects around St Barnabas.

—*Helen Gordon*

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## **Endowment** (continued from Page 1)

down for our use and benefit. Likewise, we are entrusted to pass St. Barnabas on to those who come after us. These are precious parts of our parish history.

Sometimes I think our endowment has made us lazy. I hear things like, 'Deficit? Just take some money from the endowment.' But is it good stewardship to rely on something that isn't ours to spend down? When you receive an heirloom like your grandfather's clock or your grandmother's silver, you are expected to care for it and use it, to hold celebratory dinners with friends and family, to remember what family means, and then to pass it on to the next generation. Part of the glory of old things is the connection they give between the generations.

Grandfather's clock or grandmother's silver doesn't make the whole dinner party, but adds to its ambience: We still have to provide food, drink, plates and glasses, the table and the friends. So it is with our endowment. It isn't there to be relied upon for the daily operations of running our parish. It is there to help us be more able to reach out and show Christ's love to the world around us.

Some of the gifts in our endowment are there to help us with the considerable costs of maintaining this beautiful campus. Our endowment allows us to be an oasis for renewal of spiritual energy for those that visit us and for those that call St. Barnabas 'home'. Other gifts in our endowment are used to reach out into the community with financial support for projects and people who are acting on their love for the world around them and working to make it a better place. Because of this support from the saints who went before us, we are able to use more of our 'today' monies for building a community of believers who make a difference in today's world—communicating the Good News of Jesus and God's love for all creation.

—*Helen Gordon*

## *Music Department News*

### **Compline**

The Saint Barnabas Church Schola offers the service of Compline the fourth Sunday evening of each month at 8 p.m. in the church.

The order for Compline has changed very little since the 4th century. St. Benedict included the office in his Holy Rule as composed of three fixed psalms, "the hymn of the hour," a lesson, a versicle, the Kyrie, and a blessing. During the Middle Ages, Compline acquired some of the characteristics of Vespers (the Ave Maria, the creed, confession and absolution, among others) and was said at an earlier hour. The 1549 Prayer Book removed most of the additions to the service of Evensong, or Evening Prayer. Compline returned to its simple form. Henry VIII included a Compline rite in his Primer; the first "modern" Anglican prayer book to do so was the Irish revision in 1926.

You are cordially invited to come at least once to experience this very soothing and relaxing end of the day liturgy. For more information about this service, or to schedule an audition to join this ensemble, please contact Randolph James, organist and director of music at 508-548-3863, ext. 5. Compline will be offered on all fourth Sunday evenings of each month except November and December 2010.

### **Hear Ye! Hear Ye!**

Our children's choirs—the St. Nicholas Choir for boys grade 3 through voice change and the St. Cecili Choir for girls grade 3 through high school—will begin rehearsals on Monday, Sept. 13, at 5:30-6:15 p.m. If you have a child or children that might be interested in joining us, please contact Randolph James, organist and director of music at 508-548-3863, ext. 5. This choir is affiliated with the Royal School of Church Music (RSCM), which provides the opportunity for

teamwork as well as individual progress. The program suggested by RSCM is designed to build a musically competent group that can play its full part in the life of the Church and the greater community. Recommended repertoire broadens the singers understanding and enjoyment of music and worship. This new choir will sing once a month at the 10 a.m. Sunday Eucharist in the church as this choir progresses.

### **The Campanella Choir: Handbells for middle-schoolers through adults**

This choir is for students and adults who have a well-developed understanding of music and musical notation. A strong sense of commitment to all scheduled rehearsals and all scheduled events is required for membership in this choir. The Campanella Choir will accompany singing choirs, hymns and psalms as well as play voluntaries. Rehearsals are TBA as playing is scheduled. We have purchased a used set of handbells from White Chapel Bell Foundry of England. They will be refurbished this summer and be back in time for our first rehearsal in September!

### **Lauda Musicam**

This NEW instrumental ensemble of early instruments will concentrate on the practice and performance of Medieval and Renaissance music. Instruments used are: recorders, stringed instruments, krumphorns, hurdy gurdy, shawm, bombarde, percussion and anything else we can find! A strong commitment to attendance and the ability to read music are required for participation in this ensemble. This ensemble will play for the 10 a.m. Sunday Eucharist four times a year, and play at other festive occasions. Rehearsals are on Wednesday evenings 6 p.m. Jan Elliot conducts this ensemble.

### **St. Barnabas Mission Statement**

The mission of Saint Barnabas Episcopal Church is to follow the way of Jesus and to show his compassion, forgiveness and love to others. The center of our life together is Holy Eucharist.

Nourished by our worship, we are committed to spiritual growth, mutual support, witness and service in our daily living.

## *Notes from the Library*

In September the following titles will be added to the library's collection:

*Becoming who you are: Insights on the True Self from*

*Thomas Merton and Other Saints* by James SJ Martin

*The book of women's sermons* by E. Lee Hancock

*Churches* by Edmund Vale

*Conversations with Scripture and With Each Other*

by M. Thomas Shaw

*The Gospel of Thomas* by Ron Miller

*The Human Condition* by Thomas Keating

*In Praise of Churches* by John Betjeman

*Mary Magdalene* by Bruce Chilton

*Rabbi Jesus* by Bruce Chilton

*Rooted in the Spirit: Exploring Inspirational Gardens*

by Maureen Gilmer

*Storming Heaven's Gate: An anthology of spiritual writings by*

*women* by Amber C. Sumrall and Patrice Vecchione

*Welcome to the Episcopal Church* by Christopher Webber

*Who Needs God* by Harold Kushner

## *The Alternative Gift Market, Nov. 13-14*

The fourth Upper Cape Alternative Gift Market will be held November 13-14 in our Parish Hall. At the Alternative Gift Market, visitors can purchase both traditional and non-traditional types of gifts, happy in the knowledge that their gifts won't be left to gather dust on a shelf. Gifts purchased at the market support those in need locally and around the world.

Vendors this year will include local, regional, national and international charities, all of which have been recommended and vetted by the AGM steering committee and Alternative Gifts International ([www.altgifts.org](http://www.altgifts.org)). Popular charities returning to the market include the Falmouth Service Center, Cape Cod Center for Women, The Sharing Foundation ([www.sharingfoundation.org](http://www.sharingfoundation.org)) and Heifer International ([www.heifer.org](http://www.heifer.org)). This year the market will include a focus on those continuing to serve in Haiti including scientists, medical personnel, teachers and artists from Cape Cod.

Many volunteers are needed to help run the market during the event. For more information or to volunteer to help, please contact Krista Hennessy

## *The Environmental/Social Justice Committee: Powerful voice*

First of all, notice the name change. These two committees are quite concerned about the stewardship of our environment and the people in it. It just seems natural to combine their efforts to create a more powerful voice for St. Barnabas.

A new diocesan Green Grants Initiative is being launched that promotes and supports all congregations relative to environmental stewardship. The two components: Simple Acts of Stewardship and Green Improvement Grants aim to support and make known congregational efforts to teach and fund environmentally and socially responsible practices. More info will be forthcoming.

Now is the time to contact Cape Light Compact and have a home energy audit scheduled. Save money and the environment at the same time. It's a win-win situation.

Future Committee Meeting dates: Sept. 19, Oct. 7 and Nov. 7. All meetings will take place in the small conference room directly after the 10am. service. Please join us!

## *News from around the parish*

### **Linda Keedwell out for two months**

Linda Keedwell underwent a rather serious operation on August 25 and expects a two-month recuperation period. Please keep her and her family in your thoughts and prayers. You may visit Linda at 118 James Circle, Mashpee MA 02649,

Linda thanks everyone for their prayers and looks forward to seeing us at the end of October.

### **Diocesan Resource Day Sept. 25**

Gather a team and get "Equipped to Answer God's Call" at the annual Diocesan Resource Day on Saturday, Sept. 25, 9 a.m.-2:30 p.m., at Bentley University in Waltham. Workshops on a wide range of topics—from stewardship, youth ministry, education, communications, mission and outreach, congregational development and business practices—will help develop skills and provide spiritual and practical help for joining God's mission. Cost, which includes lunch, will be \$15 per person. Register at [www.diomass.org](http://www.diomass.org).

### **Clergy Day is Sept. 28**

The annual fall Clergy Day takes place on Tuesday, Sept. 28, 10 a.m.-4 p.m. (sign-in begins at 8:30 a.m.) at the Barbara C. Harris Camp and Conference Center in Greenfield, N.H. The guest speaker will be the Rev. Dr. Rob Voyle, an executive coach and licensed psychologist, who will focus on the topic of managing change.

### **News on upcoming convention**

In July all clergy and delegates were sent preliminary information regarding Diocesan Convention, a one-day event this year, to be held on Saturday, Nov. 6 at St. Stephen's Church in Lynn. All nominations, proposed constitutional amendments, resolutions and committee reports are due in the Convention office no later than 5 p.m. on Friday, Sept. 10. Pre-Diocesan Convention delegate forums in October offer an important opportunity for learning and discussion about the issues and business to come before the convention, including resolutions and the pro-

posed budget. Forums are scheduled to take place from 7 to 9 p.m. on:

- Tuesday, Oct. 19 at the Cathedral Church of St. Paul (138 Tremont Street) in Boston;
- Thursday, Oct. 28 at Christ Church (149 Court Street) in Plymouth.

### **Have you taken safe church training yet?**

Free online Safe Church Training, using the curriculum "Safeguarding Our Children," is now available for use by congregations in this diocese. Those who need to take the training should contact their parish clergy to receive a unique ID and password to access the program. More information is available at [www.diomass.org](http://www.diomass.org) (see "Training and Learning Opportunities" under "Inside the Diocese") or from Lynn Clark, Human Resources Manager (617-482-4826, ext. 578 or [lclark@diomass.org](mailto:lclark@diomass.org)). Safe Church Training events will continue to be offered; the next session scheduled for Saturday, Oct. 2, 8:30 a.m.-3:30 p.m., at St. Peter's Church (4 Ocean Street) in Beverly. Cost is \$40 per person; some scholarship support is available. Registration is required 14 days prior to the training date and can be done online via [www.diomass.org](http://www.diomass.org) (see "Training & Learning Opportunities" under "Inside the Diocese").

### **Visitor Training available in Woods Hole**

If you are interested in being a Lay Eucharistic Visitor, please speak to the rector first and then sign up for one of the courses. Eucharistic Visitor Training will be offered on two Saturdays: Oct. 2, 9 a.m.-4 p.m., at the Church of the Messiah (13 Church Street) in Woods Hole (register by Sept. 25) and Nov. 13, 9 a.m.-4 p.m., at the Cathedral Church of St. Paul (138 Tremont Street) in Boston (register by Nov. 6). Individuals may register by sending name, mailing address, phone number and sponsoring parish name and town, along with tuition (\$40 for trainees, \$25 for clergy) made payable to the Episcopal Diocese of Massachusetts, to: Eucharistic Visitor Training, 15 Fremont Street, Plymouth, MA 02360. Registration forms available at [www.rvan.org](http://www.rvan.org).

## Parish News & Notes

### Sunday School Registration Sept. 12

Cyndy Ogden, our Sunday school director, invites all families with children in pre-K through the eighth grade to come to register for an exciting Sunday School year on Sunday Sept. 12. All children will register after the 10 a.m. service downstairs in the Parish Hall. This way you can see the classrooms and meet the teachers. Refreshments will be served so do come and see what it is all about. And tell your friends –we so want to welcome children to our church!

We have a new curriculum this year that we are all excited about.

If you have questions or want to volunteer to help in the classroom do call Cyndy Ogden or talk to one of our priests.

### *What If...*

What if we have events every month to build community?

Some of your Vestry have been working on imagining events that will take place each month to keep us formed as a community of baptized who are doing Christ's work in the world. Here are some ideas we have come up with – we need your help to make them happen!

If you are interested in helping enliven our community of believers contact Jean Davis Taft or Sue O'Brien as soon as you can!

### 2010/2011 Enriching our Community

Sept 24: Dinner with Bishop Gayle Harris

Oct: Festive Meal

Nov: Cabaret

Dec: Christmas Fair/Holidays

Jan: Epiphany Pageant?!/Annual Meeting

February: Luncheon and games....trivial pursuit tables and others, bean bag toss etc....

March 9 – April 22 (Good Friday) LENT – what can we do then....active spiritual work with congregational soup suppers/solemn even-song/spring workday followed by soup supper and simple service.

May - Karaoke Night

June – St. Barnabas Picnic..... and the Bishop visits again on June 19!

### LEM Training

All Lay Eucharistic Ministers need to take a training class before the first of Advent in order to be licensed by the Diocese. Please note that the next training for this will be held on Wednesday, Oct. 6 at 6 p.m. in the Church. Please register by calling the Office at 508-548-3863. If you CANNOT attend this workshop call the Rector and make a time for individual training.

### Mutual Ministry Review

Your Vestry will be taking part in a mutual ministry review with the Rector and Curate in the month of September. This is a way for both the vestry and clergy to ask “how are we doing?” It is a time to celebrate what has been done well and to understand what might be done better. As Christians we must always ask “What is God calling us to do and to accomplish here in this place?” And then, “How can we best practice this ministry?”

Another way to think of it is that Ministry is the work of the whole people of God – not just of the ordained clergy! Thus, the mutual ministry review is meant to help the parish better accomplish God's mission. So what we will be talking about is the ministry of laity and clergy working together in the daily life of the community for the glory of God.

How do we go about this? The Rev. Richard E. Bardusch, rector of St. Thomas Church, Taunton, met with our Rector in August and had a tour of our grounds and buildings. Father Rich will join the Vestry at its meeting on Sept. 13 in the Parish House and talk about what we do well and what we need work on. He has already sent questions to all vestry leaders and clergy regarding our work together. If you are interested in this or want to learn more about the process please contact a Warden or the Rector. The Vestry hopes in the next year or so to have a mutual ministry review involving the entire congregation.

# Summer Scenes





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### ***Websites of Interest***

Our Parish Web site  
[www.stbarnabasfalmouth.org](http://www.stbarnabasfalmouth.org)  
*(Check the online calendar  
for the latest on events.)*

Cape & Islands Deanery  
[www.capeislandsdeanery.org](http://www.capeislandsdeanery.org)

Diocese of Massachusetts  
[www.diomass.org](http://www.diomass.org)

The Episcopal Church  
[www.episcopalchurch.org](http://www.episcopalchurch.org)

The Anglican Communion  
[www.anglicancommunion.org](http://www.anglicancommunion.org)

### ***Blessing of the Animals service Oct. 3***

Bishop Bud Cederholm encourages the congregations of the diocese to join in observing Oct. 3, the Sunday closest to the feast of St. Francis, as “Creation Care Sunday.” He asks congregations to consider holding a “Blessing of the Animals” or other creation-themed liturgy and to take up a collection in support of the new diocesan Green Grants Initiative. Our 10 a.m. service will include the blessing and dedication of our new pet remembrance area and place to bury pets’ ashes. We will have one service on that day preceded by a breakfast open to all.

